

FRUIT



session
5

HOMework

1. The kind of change we are talking about does not start with this course. To explore how God has already been at work in you, consider a part of Scripture that has been significant in your life. Take a moment to write it out here.

What has made it so significant? For example, what does it say about God? What does it say about you? How does it speak to your heart and the desires that live there? How has it changed you from within? How has that affected your relationship with God or encouraged you to live differently with others?

2. In our session this week, you thought about what change will look like as the fruit of the Spirit grows where once there were thorns. How will your heart need to be different for this to happen? (Remember, we are not just looking for your actions to change!) How does the gospel make this change possible and desirable?

Now ask God for help to watch yourself this week in the pressure points of your heart. What is happening? If things are not as different as you want them to be, where will you focus? How does the gospel provide hope in the moments of failure? Are you learning anything else about your thorns and the heart from which they come? If things seem to be different, why is this? Write down your thoughts.