



Biblical Counselling UK

Dynamics of Biblical Change over 6 Months

JANUARY – JULY 2024

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Course description

The way you counsel others is determined by how you understand God, yourself, other people, life’s pressures, and, of course, the process of change. *Dynamics of Biblical Change* addresses these things and more. It describes how Christ’s past grace, present grace, and future grace speak to our hearts and change the way we live our daily lives.

This course is about people and the way they (and we) face the troubles of life. It is about dealing with our inner struggles and changing into the likeness of Christ. Through Scripture, online lectures, assigned readings and case studies, you’ll explore these practical ministry questions. Two self-counselling projects are key to applying the principles of the course personally.

Each “week” of the course includes two- to three-hours of videoed lectures, assigned reading and interaction with the other students through an online discussion board. Progress is assessed by written assignments (see the course schedule for due dates) and a final exam.

Application and fees

Apply by 6 November 2023 at biblicalcounselling.org.uk/dynamics-6-months/

The course fee is £440¹.

Course Background

The *Dynamics of Biblical Change* course is the first and key module of our Foundations in Biblical Counselling Certificate. It has been developed over many years by CCEF's [School of Biblical Counseling](#), and Biblical Counselling UK is delighted to be able to offer their material in the UK and shape it for the UK context.

Dynamics over 6 months is a stand-alone, slower-paced version of the standard 12-week course, designed to make it easier for those whose ministry, work and/or home commitments would make it difficult for them to take the regular course.

Transfer to Biblical Counselling UK's or CCEF's programmes

Dynamics over 6 months is directly transferable to Biblical Counselling UK's Certificate Course programme. Students who have taken *Dynamics over 6 months* are also eligible to register for CCEF's online courses, but will be unable to transfer credit towards CCEF's Formation Certificate. Contact our Course Administrator - courses@biblicalcounselling.org.uk – for more details.

Lecturer

David Powlison (1949–2019) served as CCEF's executive director, as a faculty member and as a senior editor of the *Journal of Biblical Counseling*. He held a PhD from the University of Pennsylvania and an MDiv from Westminster Theological Seminary.

David wrote extensively on biblical counselling and on the relationship between faith and psychology. His books, *Seeing with New Eyes*, and *Speaking the Truth in Love*, probe the implications of Scripture for how to understand people and how to counsel. *The Biblical Counseling Movement: History and Context* explores the background and development of CCEF's mission. David's later books include *God's Grace in Your Suffering*, *How Does Sanctification Work?*, *Good and Angry*, and his final work, *Safe and Sound*, which was published posthumously.

¹ Price correct at 1 March 2023.

Course Schedule – January to July 2024

Week	Dates	Content	Lecture #	Written assignment % of final grade ‡	Submission deadline 11:55pm
1	9 - 23 Jan	Course Introduction & Overview	1	“Clyde” Response paper (3.5%)	Tues 23 Jan
2	23 Jan - 6 Feb	Understanding the Person	2, 3 & 4	Significant Scripture (4%)	Tues 6 Feb
3	6 - 20 Feb	Understanding the Heart	5 & 6	Paul and the Philippians Bible study (15%)	Tues 20 Feb
4	20 Feb - 5 Mar	The Wisdom Found in Christ	7 & 8		
Seminar 1: Optional online seminar with Steve Midgley, Thursday 29 th February, 7:30-9:30pm					
5	5 - 19 Mar	Understanding the Situation	9, 10 & 11		
Easter Break					
6	9 - 23 Apr	Practical Application: James	12 & 13	Suffering & Refuge project (20%)	Tues 23 Apr
7	23 Apr - 7 May	Influences of the Heart	14 & 15		
8	7 - 21 May	Sin & the Heart	16	“Idols of the Heart” Response paper (3.5%)	Tues 21 May
Seminar 2: Optional online seminar with Steve Midgley, Thursday 16 th May, 7:30-9:30pm					
9	21 May - 4 Jun	Sin & Transformation	17 & 18		
10	4 - 18 Jun	Living with Personal Integrity	19 & 20		
11	18 Jun - 2 Jul	Submit Final Project		Sin & Grace project (25%)	Tues 2 Jul
12	2 - 16 Jul	Final Exam		Final Exam* (25%)	Tues 16 Jul

‡ In addition, you will also submit a Community Board posting each “week”.

* This is a timed exam consisting of multiple-choice questions and two short essay questions. It will be available on Canvas from 2 July, and you have a two-week “window” within which to take it. You can arrange to take the exam early (eg because of summer holiday arrangements). Your revised due date will be two weeks after the date you have access to the exam.

Optional Seminars

The course includes two optional evening seminars with a Biblical Counselling UK tutor. They will be delivered via Zoom and will provide teaching and online discussion with other students. The seminars are optional, but we do hope that you will be able to join one or both of them.

Canvas

You will receive access to Canvas, our online learning platform, about 3 weeks before the start of the course. When you log in you will find videos showing you how to use the platform, access the course lectures, documents and readings and how to upload assignments. The lectures are available both in a video format that you can stream online as well as in a downloadable MP3 (audio only) file.

Required reading

You will need access to a copy of ONE of the following books:

- **Suffering* by Paul Tripp (Crossway)
- **How Long, O Lord?* by Don Carson (IVP)
- **God's Grace in Your Suffering* by David Powlison (Crossway)
- When God Weeps* by Joni Eareckson Tada (Zondervan)

All other required reading is provided via Canvas.

*Available from 10ofthose.com at a discount for Certificate Course students - see <https://www.10ofthose.com/partners/bcukstudent>.

To obtain this discount:

- 1) Set up an account with 10ofthose at <https://www.10ofthose.com/account/>
- 2) Apply for an account upgrade:
 - When logged in, select "Upgrade" (or navigate to <https://uk.10ofthose.com/account/account-upgrade>)
 - Select "Student"
 - Enter your name and email address
 - Enter "BCUK" for the institution
 - For "Study End Date" - enter the date you expect to finish studying with BCUK (eg 1, 2 or 3 years hence)
 - Tick the box to confirm you are a student

Once you have completed and submitted the form, 10ofthose will email you to confirm the upgrade request.

Technical requirements

We strongly recommend that students have access to and experience with a desktop or laptop (not just an iPad or mobile device) with internet access, as well as Microsoft Word or a word processor that can export files in a .doc or .docx format. Canvas recommends using Google Chrome for your browser when accessing the classroom.

There is a Canvas Mobile App available, although the Canvas app does not have the same functionality as using Canvas on your computer. We therefore **strongly recommend** that you use your computer as your main access to modules and use the app to supplement this access. Please also note that we cannot offer technical support if you have issues with the app.

Further details of the browser and computer technical requirements of Canvas are available from: <https://community.canvaslms.com/t5/Canvas-Basics-Guide/What-are-the-browser-and-computer-requirements-for-Canvas/ta-p/66>

Privacy

How we use students' information

On registration, your name and email address will be entered into Canvas, our secure online Learning Management System, for the purpose of delivering the course material.

At the end of the course, your log in details (name and email address) and your course grade will be retained on Canvas, on the legal basis of legitimate interests in order to facilitate continuing your studies on Biblical Counselling UK's Certificate Course.

Biblical Counselling UK will retain a record of your name, email address and grade for this course for the purposes of keeping records and monitoring standards. If you wish your email address to be deleted when we archive this record, please email courses@biblicalcounselling.org.uk.

Want to keep in touch?

If you would like to join the Biblical Counselling emailing list to receive brief emails a couple of times a month with links to our regular blog and information about our conferences, courses and resources, you can sign up at biblicalcounselling.org.uk/join/

From time to time, Biblical Counselling UK may contact current and past students on the basis of legitimate interests with information about our training courses. If you do NOT wish us to contact you, please email us at courses@biblicalcounselling.org.uk.

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