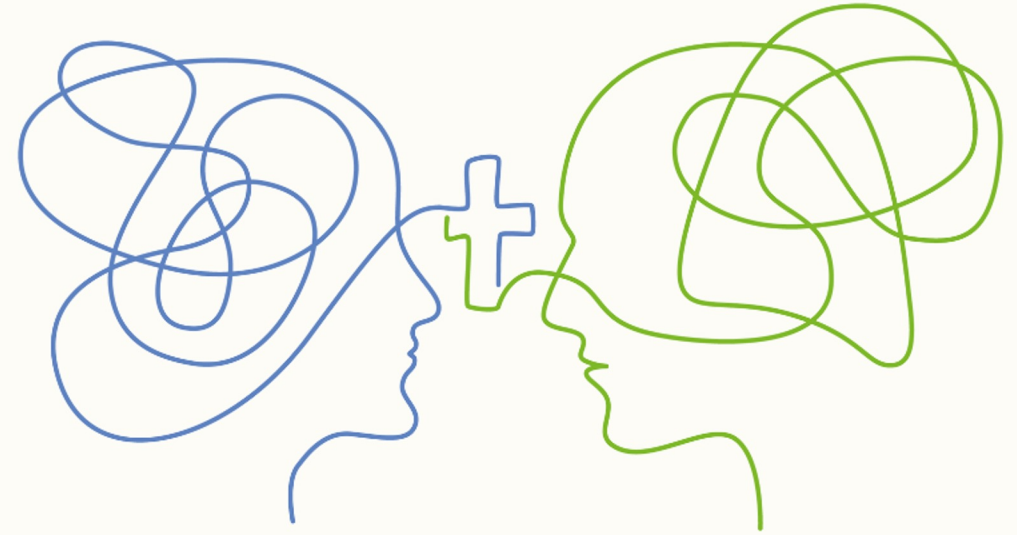


Session 3

Circumstances and mental illness

Joanna Jackson



Biblical Counselling UK

How significant is the past?



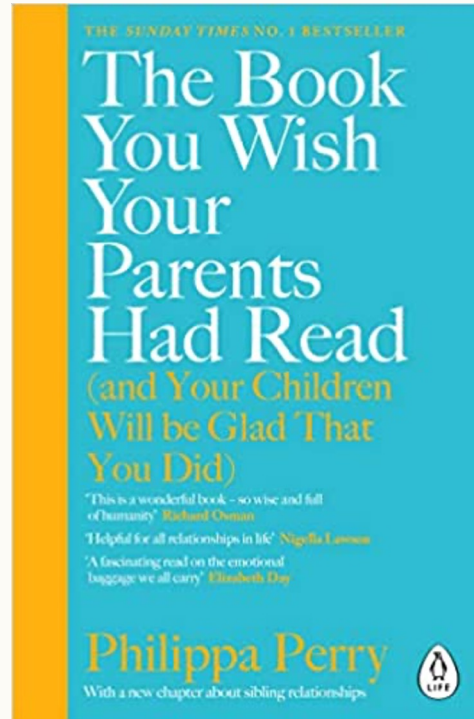
How significant is the past?

The past is everything!



How significant is the past?

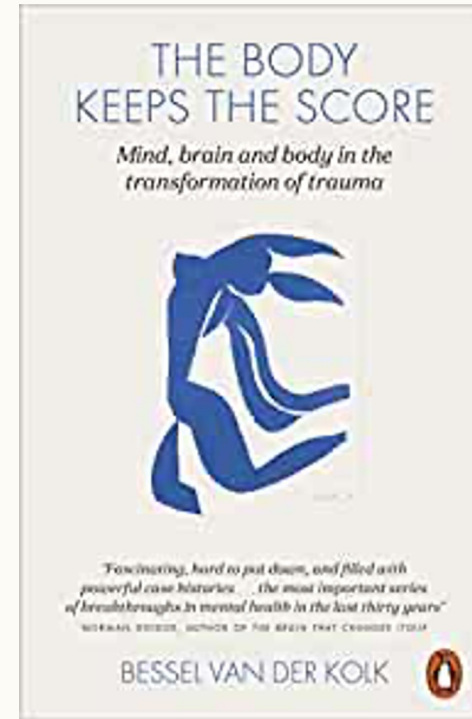
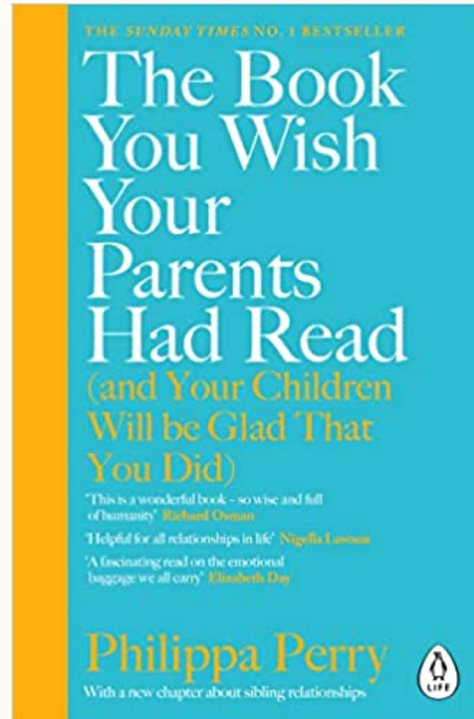
The past is everything!



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How significant is the past?

The past is everything!



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How significant is the past?

The past is nothing!



How significant is the past?

The past is nothing!

If anyone is in Christ he is a new creation, the old has gone the new has come!

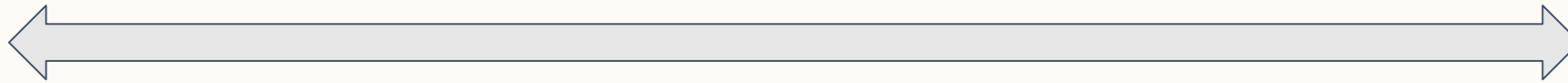
2 Cor 5v17



How significant is the past?

Past is everything

Past is nothing



Biblical understanding of the past



Biblical understanding of the past

The past is significant



Biblical understanding of the past

The past is significant

Satan - Eve - Adam (Gen 3)

Solomon's wives *'led him astray'* (1 Kings 11v3)

'Bad company corrupts good character' (1 Cor 15v33)

'If anyone causes one of these little ones - those who believe in me - to stumble, it would be better for them to have a large millstone hung around their neck and to be drowned in the depths of the sea' (Matt 18v6)



Biblical understanding of the past

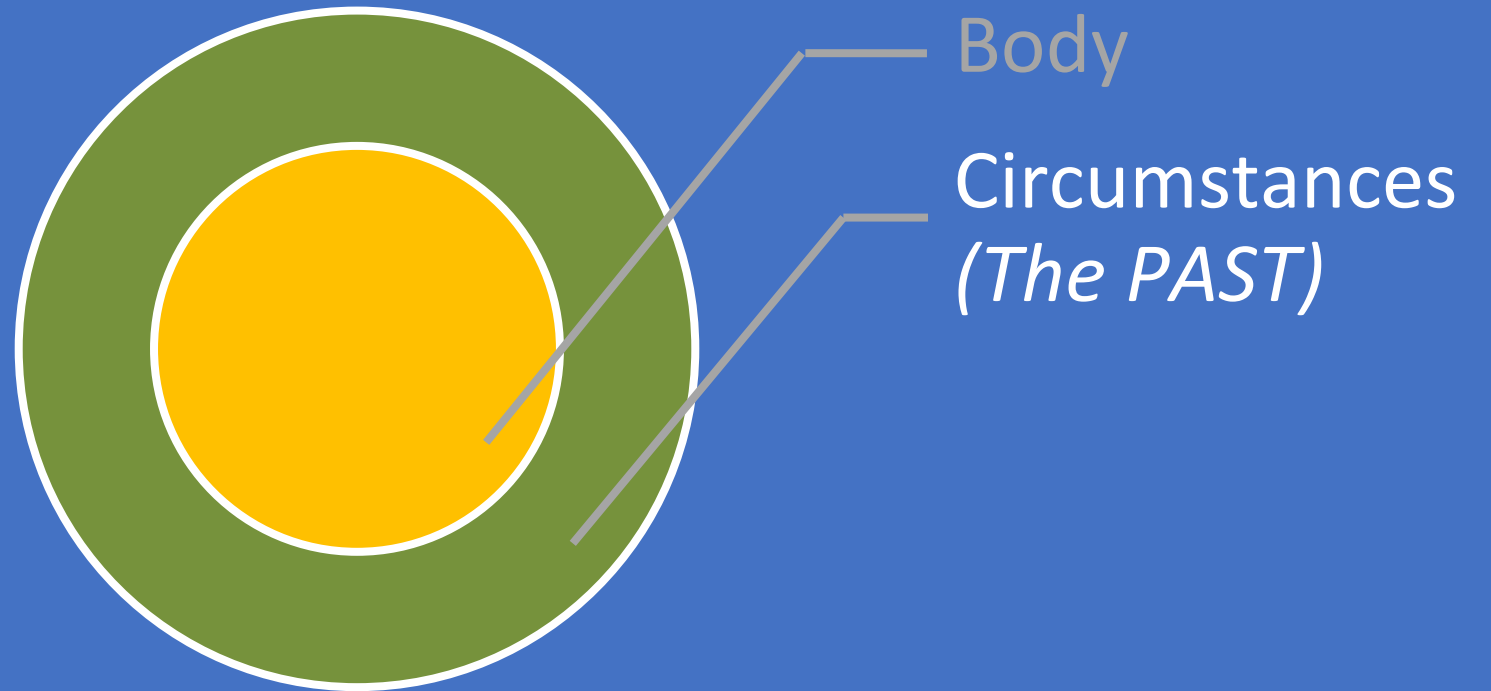
The past is significant

Whoever walks with the wise becomes wise, but the companion of fools will suffer harm' (Prov 13v20)

Impress them on your children (Deut 6)



Embodied and embedded



Biblical understanding of the past

The past is *not* definitive



Biblical understanding of the past

The past is *not* definitive

- We have active hearts



Biblical understanding of the past

The past is *not* definitive

- We have active hearts

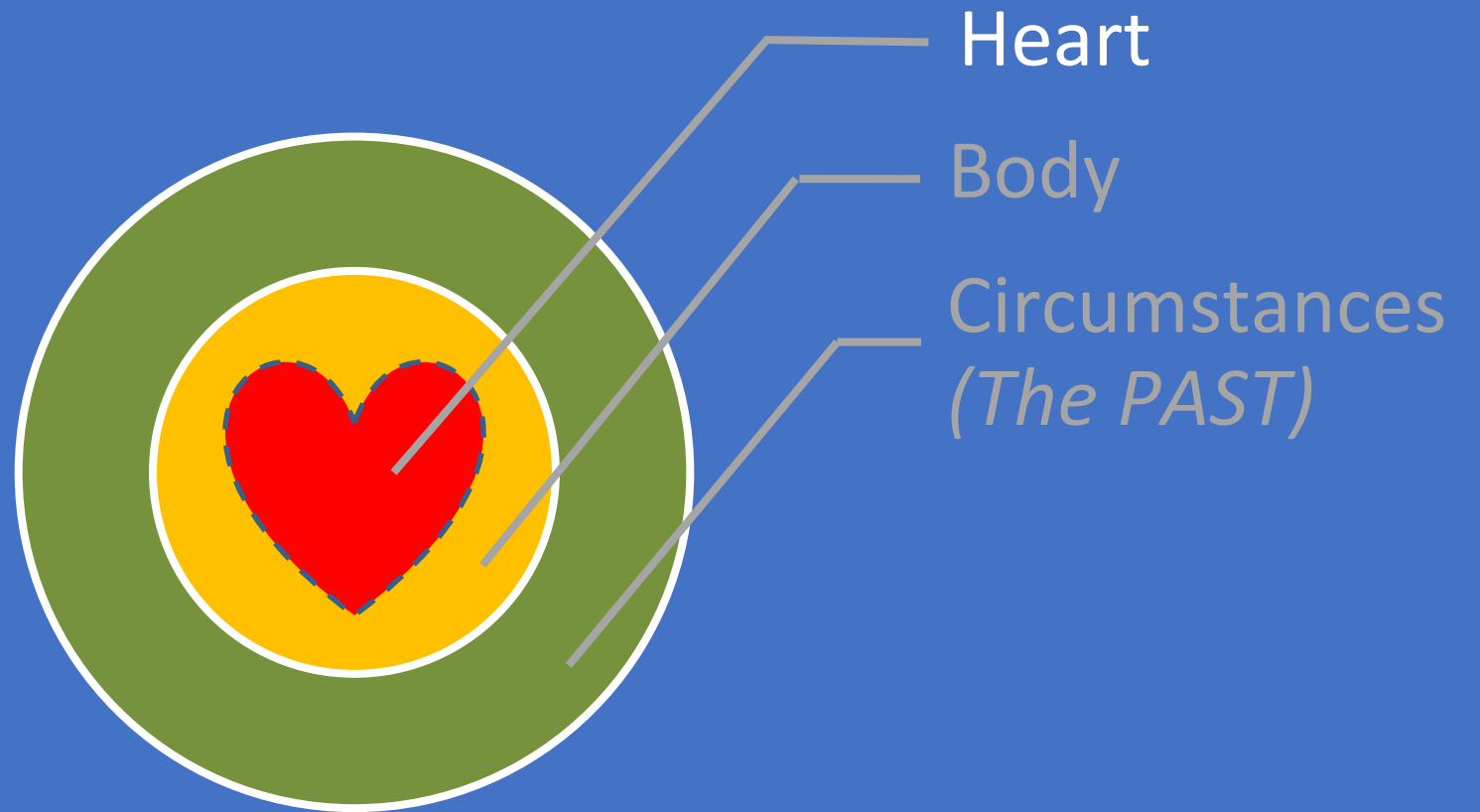
Above all else, guard your heart, for everything you do flows from it (Prov 4v23)

Out of the abundance of the heart his mouth speaks (Lk 6v45)

For it is from within, out of a person's heart, that evil thoughts come...sexual immorality...envy, slander, arrogance and folly. All these evils come from inside and defile a person (Mk 7v21-23)



Embodied and embedded



Biblical understanding of the past

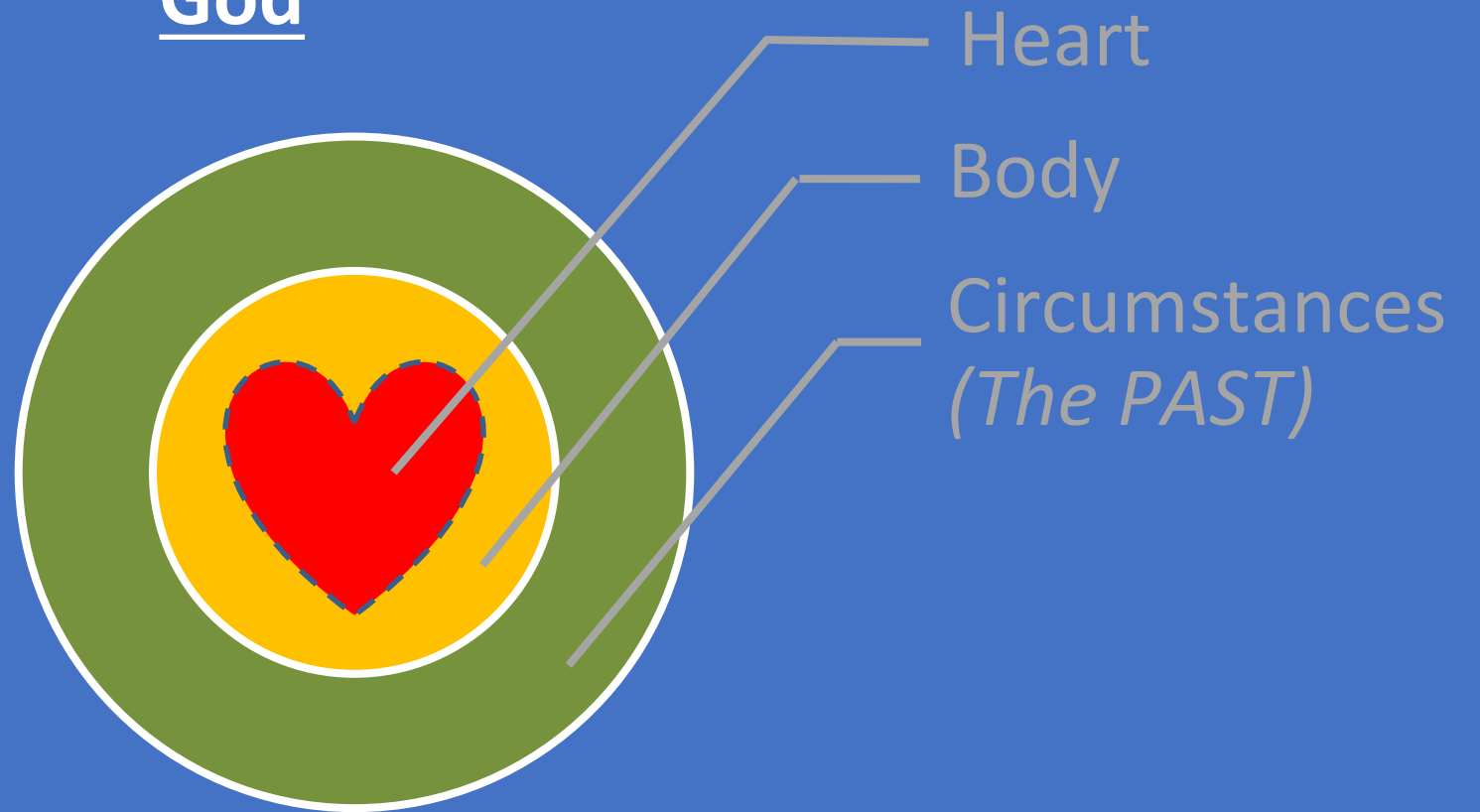
The past is *not* definitive

- We have active hearts
- that respond to the Lord



Embodied and embedded

Triune
God



How do we view our past in light of who God is?



How do we view our past in light of who God is?

The presence of the Lord



How do we view our past in light of who God is?

The presence of the Lord

The purposes of the Lord



Joseph

Genesis 37-50



Joseph

The presence of the Lord

The Lord was with Joseph (39v2)



Joseph

The presence of the Lord

The Lord was with Joseph (39v2)

The Lord was with Joseph (39v23)



Joseph

The presence of the Lord

The Lord was with Joseph (39v2)

The Lord was with Joseph (39v23)

The purposes of the Lord



Joseph

The presence of the Lord

The Lord was with Joseph (39v2)

The Lord was with Joseph (39v23)

The purposes of the Lord

*You intended to harm me, but God intended it for good
(50v20)*



Jesus



Jesus

The presence of the Lord

Never will I leave you, never will I forsake you (Heb 13v5)



Jesus

The presence of the Lord

Never will I leave you, never will I forsake you (Heb 13v5)

The purposes of the Lord

In all things God works for the good of those who love him, who have been called according to his purpose (Rom 8v28)



Implications for Mental Health



Implications for Mental Health

The past is significant



Implications for Mental Health

The past is significant

- Helps understand a person



Implications for Mental Health

The past is significant

- Helps understand a person
- Opportunity for lament and repentance
Psalm 22, Psalm 32



Implications for Mental Health

The past is significant...but not definitive



Implications for Mental Health

The past is significant...but not definitive

- View them as a whole person



Implications for Mental Health

The past is significant...but not definitive

- View them as a whole person
- Address their heart



Implications for Mental Health

Remember the Lord



Implications for Mental Health

Remember the Lord

- The presence of the Lord



Implications for Mental Health

Remember the Lord

- The presence of the Lord
- The purposes of the Lord



Final Thoughts



Final Thoughts

For 40 years (I have aimed) to convince the public that psychiatry is just another discipline in medicine...But the more I worked on this, the more convinced I was that something is fundamentally different here....the answer is not just prozac and psychotherapy. What (people) really need is community, sanctuary and a sense of purpose.

(Tom Insel, The Medical Model Doesn't Work for Mental Health - Medscape - Mar 25, 2022)



Final Thoughts

*He who began a good work in you will carry it on to completion
until the day of Christ Jesus*

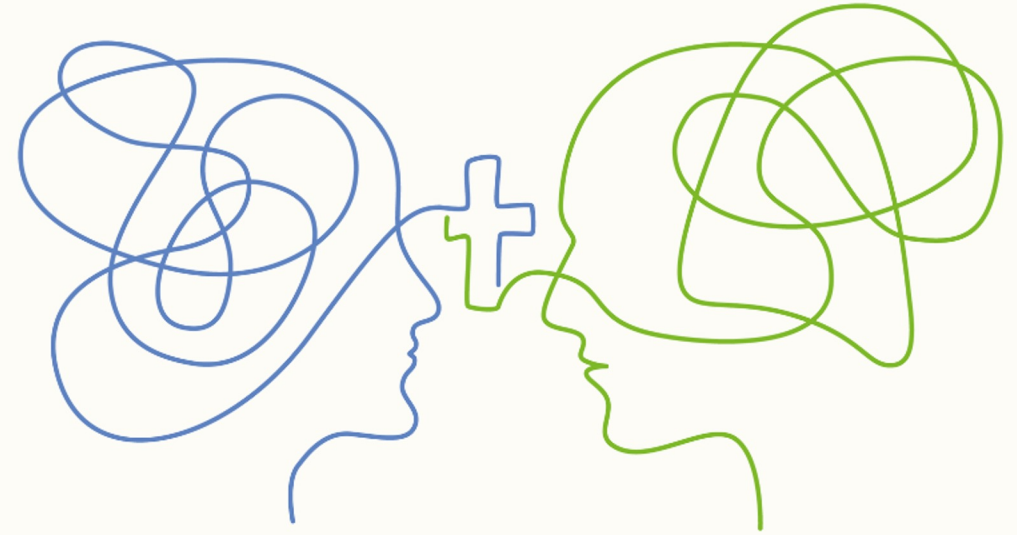
(Phil 1v6)



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