



Gospel, church & mental health

Conference streams

Stream 1: Church-based care

Helen Thorne

We all have the privilege of encouraging our church to grow in interpersonal ministry. In this stream, as we think about care of those with mental health struggles, we'll be looking at how to help build a culture of care in the local church, engage in conversations that overflow with hope and work wisely within church structures, aware of our gifting and limitations.

Stream 2: Pastors and church leaders

Steve Midgley

This stream will explore how leaders can help churches care well for those struggling with their mental health. We'll identify barriers and pitfalls preventing effective care and hear of approaches that have worked well. We'll engage with your questions about pastoral care teams, liaison with professionals, the management of crisis situations and more besides.

Stream 3: Professional counsellors

Andrew Collins and Joanna Jackson

In this stream we will be considering how a biblical counselling approach may both inform professional counselling practice and shape vocational counselling ministry. We hope to consider issues related to our care of those with mental health problems such as counselling practice, supervision, good boundaries and working with churches.

Stream 4: Mental health workers

Chris and Zena Schofield

In this stream we will be considering how our faith and knowledge of biblical counselling can impact our workplace for God's glory and remain within the professional standards of the secular bodies we are registered with. We will consider how we can use our skills from work in church and in biblical counselling.