



Biblical Counselling UK

Certificate in Biblical Counselling

## Topics: Theology and Secular Psychology

Spring 2022

### Course Description

The modern psychologies provide the lenses through which most people view life's problems. They shape how people interpret troubling behaviors, emotions, and relationships—so that sin is never part of what goes wrong with us. They shape the solutions offered—so that Christ plays no necessary part in addressing what is going on. Through practical assignments, group discussion, lectures and assigned readings, you'll develop skills to lovingly and wisely engage the ways others seek to understand and solve personal problems. You'll develop your ability to reinterpret what they see most clearly and care about most deeply. This class will help you to understand where biblical counselling fits both within the church and in relation to the surrounding mental health system.

### Course Objectives

In this course, students will develop their skills in both critical thinking and constructive communication regarding contemporary psychologies and psychotherapies, by learning:

- How to understand psychologists' observations, theories, and practices; and how to engage them critically, humbly and lovingly.
- How to reinterpret through a redemptive gaze the things that psychologists see most clearly and care about most deeply

Students will develop an understanding of where biblical counseling fits in our cultural context, both within the evangelical church and within the surrounding mental health system.

### Registration, payment and access to the online course material

Register at <https://www.biblicalcounselling.org.uk/certificate-course-module-registration/>

The registration deadline is **Monday 8<sup>th</sup> November**. The payment deadline for this module is **Monday 15<sup>th</sup> November**. Please note that late payment of fees incurs an administration charge of £25, and may result in your not being enrolled in this module.

Once we have received your payment we will enroll you in this module. Approximately two weeks before the start of the module you will receive password protected access to Canvas, our online learning platform. The lectures are available both in a video format that you can stream online as well as in a downloadable MP3 (audio only) file so that you can listen via MP3 player, smartphone, etc.

## Books

*NB: the reading for TSP is currently being revised. Several books and articles have been temporarily removed from the reading list until the revision is complete. The revision is due to be completed by the end of October and at that point one or two items may be reinstated. We will alert you to that as soon as possible.*

You will need access to copies of the following books. All other required reading will be available via Canvas. (Some of the titles are available relatively cheaply second hand from sellers on Amazon marketplace.)

*The Berenstain Bears Get the Gimmies* by Stan and Jan Berenstain

*Feeling Good: The New Mood Therapy* by David Burns chapters 1-7, 10, 16 (NB this is only available 2<sup>nd</sup> hand or in the Kindle edition)

\**Inside Out* by Larry Crabb

*The Question of Lay Analysis* by Freud, New York; W.W. Norton, 1990 (1927)

\**Seeing with New Eyes* by David Powlison (selected articles from this book are provided throughout the course, thus purchasing this book is optional)

\**Speaking Truth in Love* by David Powlison (selected articles from this book are provided throughout the course, thus purchasing this book is optional)

\* Available from 10ofthose.com at a discount for Certificate Course students - see <https://www.10ofthose.com/partners/bcukstudent>.

To obtain this discount:

1) Set up an account with 10ofthose at <https://www.10ofthose.com/account/>

2) Email info@10ofthose.com - with the subject line 'BCUK Student' - using the email address with which you have set up the account.

## Technical requirements

We strongly recommend that students have access to and experience with a desktop or laptop (not just an iPad or mobile device) with internet access, as well as Microsoft Word or a word processor

that can export files in a .doc or .docx format. Canvas recommends using Google Chrome for your browser when accessing the classroom.

There is a Canvas Mobile App available, although the Canvas app does not have the same functionality as using Canvas on your computer. We therefore strongly recommend that you use your computer as your main access to modules and use the app to supplement this access. Please also note that we cannot offer technical support if you have issues with the app.

Further details of the browser and computer technical requirements of Canvas are available from:

<https://community.canvaslms.com/t5/Canvas-Basics-Guide/What-are-the-browser-and-computer-requirements-for-Canvas/ta-p/66>

## **Course Materials – Sharing and Copyright Permissions**

As a reminder, all materials provided to you for this course through the Canvas platform are copyrighted by CCEF or other publishers, to whom we pay a fee for their use. This includes the course syllabus, assignments, articles, and video and audio lectures. You may not reproduce or share any of these materials without the prior permission of Biblical Counselling UK.

As an exception to this policy, CCEF allow students to share up to 10 copies of *Journal of Biblical Counseling (JBC)* articles from the course for use in their personal ministry. Examples of this would include sharing an article with a counsellee, spouse, friend or small group. This is strictly limited to *JBC* articles. If you wish to share a *JBC* resource with more than 10 people, you will need to make an application via the [permissions page on the CCEF website](#).

## **Privacy – how we use your information**

Your name and email address will be entered into Canvas, our secure online Learning Management System, for the purpose of delivering the course material.

At the end of the course, your log in details (name and email address) and your course grade will be retained on Canvas, on the legal basis of legitimate interests in order to facilitate continuing your studies on Biblical Counselling UK's Certificate Course.

Biblical Counselling UK will retain a record of your name, email address and grade for this course for the purposes of keeping records and monitoring standards. If you wish your email address to be deleted when we archive this record, please email [courses@biblicalcounselling.org.uk](mailto:courses@biblicalcounselling.org.uk).

## **Want to keep in touch?**

If you would like to join the Biblical Counselling emailing list to receive brief emails a couple of times a month with links to our regular blog and information about our conferences, courses and resources, you can sign up at <https://www.biblicalcounselling.org.uk/join/>

From time to time, Biblical Counselling UK may contact current and past students on the basis of legitimate interests with information about our training courses. If you do NOT wish us to contact

you, please click the unsubscribe link in the email or contact us at [courses@biblicalcounselling.org.uk](mailto:courses@biblicalcounselling.org.uk).

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