

Timings

CONFERENCE STARTS	CONFERENCE CLOSES	WORKSHOP CLOSES
Monday 10th February LUNCH 12.45pm Session 1 starts at 2pm	Wednesday 12th February, with lunch	Thursday 13th February, with lunch

Venue and accommodation

The Hayes, Swanwick, Derbyshire

The Hayes Conference Centre is 5 miles from the M1 (Junction 28), and three miles from Alfreton railway station. Accommodation is available in single, double or twin rooms. All rooms are ensuite.

The residential price includes all meals during the conference, starting with lunch on Monday and finishing with lunch on the final day. The non-residential price includes all meals except breakfast.

Prices and booking

	SINGLE ROOM	DOUBLE/TWIN ROOM	NON-RESIDENTIAL
CONFERENCE	£265	£245	£155
CONFERENCE PLUS WORKSHOP	£385	£355	£230

Book online at

biblicalcounselling.org.uk/conferences

FURTHER INFORMATION AND ENQUIRIES

biblicalcounselling.org.uk/conferences · events@biblicalcounselling.org.uk



Biblical Counselling UK

2020 RESIDENTIAL CONFERENCE

feeling well

Glorifying God with our emotions

MON 10th - WED 12th FEB 2020

WITH Steve Midgley · Joanna Jackson · Ste Casey · Andrew Nicholls

Plus optional post-conference workshop

FINISHING LUNCHTIME THURS 13TH FEB

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Though it's impossible to imagine a life without emotion, we can pay surprisingly little attention to our emotional life.

If we do speak of emotion, we often do so in simplistic ways: 'don't bottle your feelings up - it's good to let them out'; 'you're just being emotional'; 'be careful - don't let your feelings run away with you.'

But the same God who gave us the ability to think, also gave us the ability to feel. And the Bible is full of instructions to feel well. God commands us to rejoice (Phil 4:4) and to love (John 13:34) and not to be afraid (1 John 4:18). According to Jesus, the problem with the religious leaders of his day was that there was

no feeling, no genuine love. They acted out of cold duty, not passionate love (Matt 15:8). And God wants the latter. Living well must involve feeling well. And glorifying God with all our heart must include an emotional response. All of which means our feelings deserve rather more attention than we often seem to give them.

This conference will put the focus on feelings. Not bypassing our minds but exploring how thought and emotion go together. We'll ask what emotions are, why they matter and even the vexed question of whether God has any. We'll address the kind of problems that arise when emotions are too strong (and too weak) and also the crucial role emotion plays in allowing us to relate well to one another and to relate well to God.

The conference will include:

- Four main talks outlining a practical theology of emotion
- Three 'ministry conversations' exploring some typical pastoral difficulties relating to emotion
- Two conference sermons from the Psalms
- Free time to reflect (and feel!) on our own or in groups

Workshop

The optional 24 hour post-conference workshop will address practical topics such as helping those who are experiencing difficulties with anger, or anxiety, or sadness and loss. We'll look at the place of supervision and the continuing development of biblical counselling in the UK.

Speakers



Steve Midgley

is the Executive Director of Biblical Counselling UK. He teaches courses in biblical counselling at Oak Hill College and is the director of the Certificate Course provided by Biblical Counselling UK in partnership with CCEF and supported by Oak Hill. He is a board member of CCEF and on the council of the Biblical Counseling Coalition. He is senior minister of Christ Church, Cambridge and trained as a psychiatrist before being ordained.



Joanna Jackson

is a chartered Counselling Psychologist and works as the Director of Counselling at the All Souls Counselling Service in London. Joanna has also trained in Bible teaching and biblical counselling. Her doctoral research focused on the ethical issues associated with integrating psychology and spirituality.



Andrew Nicholls

Andrew Nicholls was a doctor until, switching from body to soul, he began as a pastor in south west London. After 15 years of church-based ministry, Andrew is now Director of Pastoral Care at Oak Hill College where he teaches biblical counselling and leads the provision of pastoral care for students and their families.



Ste Casey

Ste Casey is currently serving as a pastor at Speke Baptist Church, Liverpool, which is seeking to reach out to the large council estate where they live. Ste has been studying counselling with CCEF since 2008, and has served as a pastoral intern with CCEF in Philadelphia, PA.