***Hope for change in everday life, Belfast, May 2019***

***Ste Casey – Handout***

**Session 1 – The Hope of real biblical change**

Why we are here – 6 unavoidable facts

1. Someone in your church had a problem this week
2. We have everything in the Gospel to help that person (2 Peter 1v3)
3. People seek help from friends, family members and pastors before they consult professionals
4. That person either got no help, bad help or biblical, gospel-centred help
5. If they do not get meaningful help, they will go elsewhere
6. Whatever help they receive, they will use to help others

**Discussion of case studies**

As you hear these brief ministry moments, what elements do you notice to be common to them all?

As you heard those stories, how do you find yourself responding? What do you want to do/say?

**The Lord has a hope and change agenda**

Scripture as the lens for everything

1. What do people most need
2. What must be the primary goal of all counseling or change projects?
3. What is the core of our method? (how does change come about)
4. What is the human condition? (what will you always find in people)
5. Where is the action at when it comes to change? (bio-psycho-social- spiritual?)

6. What is the context for change?

# Session 3: A community of real biblical change

* You are not a saviour
* Change is a process, not an event
* You will be used by the Lord to help others

1. Be a trusted friend

Who do you really trust? Not just respect, but really trust? What is it about your relationship that engenders trust?



**This is a picture of Christ – and this degree of faithfulness will be the most influential factor as to whether you will be a one anotherer.**

1. Be a knowing friend

Christ knows us, we have to move towards to know and one another. We listen well to and love one another well.

* + Listen for the \_\_\_\_\_\_\_\_
  + Listen for the \_\_\_\_\_\_\_\_
  + Listen for the \_\_\_\_\_\_\_\_

How can i pray for you, about the good, bad and ugly?

1. Be a drawing friend

Breaking secular momentum. Conversations that invite people to go one level deeper

Details, to thoughts/opinions, to feelings, to allegiances/desires, to “who is God”, to “let’s turn to Him with this”

1. Everyday questions
2. What is grabbing you/ on your mind?
3. How are you responding emotionally? What are you doing with that?
4. Where is the Lord in all of this? Who is the Lord? Where does He want to meet us?
5. Shall we turn to Him? What would he have us pray? What will He strengthen you for?

Think of one relationship that Christ is calling you to use for His purpose, One another.

What do you need to repent of, ask for grace for, and then go and do?